

## 1. Preparation of Manuscripts

### Manuscript Guidelines for Research Articles:

Word Limit: Manuscripts for research articles should adhere to a maximum word count of 5000 words. These manuscripts must encompass the following essential elements:

1. Title and Authorship: Begin with a precise and informative title	Include the names of the author(s), along with their respective affiliations, designations (designatory letters), mailing addresses, and e-mail contact information.
2. Abstract	Construct a focused abstract, limited to 150-200 words, that offers an overview of the paper's context and scope.
3. Keywords	Provide a set of 3-5 keywords that effectively summarize the core themes and content of the manuscript.
4. Main Text	The main text of the manuscript should be organized into the following sections: a. Introduction: - Commence the manuscript with a clear introduction. - Set the stage by outlining the research problem, its background, and its significance. b. Literature Review: - Present a thorough literature review, offering relevant context and insights from existing research. c. Research Problem (Background):

	<ul style="list-style-type: none"> <li>- Elaborate on the research problem, providing comprehensive background information.</li> <li>d. Research Methodology / Materials and Methods: <ul style="list-style-type: none"> <li>- Detail the research methodology employed or the materials and methods used in the study.</li> </ul> </li> <li>e. Results and Discussion: <ul style="list-style-type: none"> <li>- Convey the results of the study and engage in a comprehensive discussion of these findings.</li> </ul> </li> <li>f. Conclusion / Further Work: <ul style="list-style-type: none"> <li>- Conclude the manuscript with a summary of the findings and potential avenues for future research.</li> </ul> </li> </ul>
5. Abbreviations	Include a section for abbreviations, defining any acronyms or specialized terminology used in the manuscript.
6. References	Compile a list of references that follows the prescribed referencing style meticulously.
7. Acknowledgments	Optionally, express acknowledgments to individuals or institutions that contributed to the research or manuscript preparation.
8. Notes	Include any relevant notes or additional information that enhances the reader's understanding.
9. Biographical Note	Each author should provide a brief biographical note limited to 200 words.

10. Citations and References	<p>Ensure that every citation within the text corresponds to an entry in the reference list, and vice versa.</p> <p>Strictly adhere to the referencing style specified in the provided guidelines.</p>
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**Manuscript Guidelines for Theoretical Analyses:**

Word Limit: Manuscripts for theoretical analyses should adhere to a maximum word count of 7000 words. These manuscripts must encompass the following essential components:

1. Title and Authorship: Begin with a clear and concise title	<p>Include the names of the author(s), along with their respective affiliations, designations (designatory letters), mailing addresses, and e-mail contact information.</p>
2. Abstract	<p>Compose an abstract, limited to 150-200 words, which serves as a succinct summary providing context and an overview of the paper's scope.</p>
3. Keywords	<p>Provide a set of 3-5 keywords that aptly encapsulate the manuscript's subject matter.</p>
4. Main Text	<p>The main text of the manuscript should be organized into the following sections:</p> <p>a. Introduction:</p> <ul style="list-style-type: none"> <li>- Initiate the manuscript with an introduction.</li> <li>- Clearly define the problem, situating it within the broader context.</li> <li>- Articulate the author's stance regarding the resolution of this problem.</li> </ul>

- Precisely outline the primary objectives of the paper and formulate the key research question(s).

b. Literature Review:

- Include a comprehensive literature review.

- Offer a theoretical foundation that connects to the problem introduced in the introduction.

- Provide a thorough examination of existing literature, paving the way for the proposed solution.

c. Analysis:

- Deliver a meticulous and structured analysis.

- Present potential solution(s) in a methodical manner as envisaged by the author.

- Build upon the prior research in the field while ensuring the introduction of an original solution by the authors.

d. Conclusion:

- Conclude the manuscript by restating the problem under investigation.

- Provide a concise summary of the proposed solution(s) deliberated in the analysis.

- Encourage authors to delineate the contributions of the study to the current state of knowledge in the field.

	<ul style="list-style-type: none"> <li>- Acknowledge any limitations inherent in the paper.</li> <li>- Suggest potential avenues for further research.</li> </ul>
5. Abbreviations	Include a section for abbreviations, defining any acronyms or specialized terminology used in the manuscript.
6. References	Compile a list of references that follows the prescribed referencing style meticulously.
7. Acknowledgments	Optionally, express acknowledgments to individuals or institutions that contributed to the research or manuscript preparation.
8. Notes	Include any relevant notes or additional information that enhances the reader's understanding.
9. Biographical Note	Each author should provide a brief biographical note limited to 200 words.
10. Citations and References	<p>Ensure that every citation within the text corresponds to an entry in the reference list, and vice versa.</p> <p>Strictly adhere to the referencing style specified in the provided guidelines.</p>

**Manuscript Guidelines for Book Reviews:**

Word Limit: Manuscripts for book reviews should adhere to a maximum word count of 1000 words. These manuscripts must encompass the following essential components:

1. Title and Authorship: Commence with a clear and concise title for the book review	Include the title of the book being reviewed, author(s) name, affiliation(s), designation
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	(designatory letters), mailing address, and e-mail contact information.
2. Introduction with Bibliographic Details	Provide an introductory section that includes bibliographic details of the book under review.
3. Brief Description of the Book	<p>Offer a succinct description of the book's contents, covering the following aspects:</p> <ul style="list-style-type: none"> <li>a. The central thesis of the book, which encompasses the author's beliefs, philosophy, or propositions.</li> <li>b. The intended audience for the book.</li> <li>c. The author's purpose in writing the book.</li> <li>d. A concise definition of the book's scope, indicating whether it provides a comprehensive overview or a detailed analysis of the subject matter.</li> <li>e. A brief description of the book's structure and the author's writing style, such as whether it is formal or informal, professional or non-professional. If the book has multiple authors, explain how their contributions are integrated.</li> </ul>
4. Assessment of the Author's Authority/Biases	Provide an evaluation of the author's authority and any potential biases that may be relevant to the book's content.
5. Evaluation of Strengths and Weaknesses	Conduct a comprehensive evaluation of the book's strengths and weaknesses. Consider the author's objectives in writing the book. Draw upon relevant evidence to substantiate the reviewer's judgments.

6. Overall Assessment of the Book	Conclude the book review with an overall assessment of the book, synthesizing the key points made in the evaluation.
7. Abbreviations	Include a section for abbreviations, defining any acronyms or specialized terminology used in the manuscript.
8. References	Compile a list of references that follows the prescribed referencing style meticulously.
9. Acknowledgments	Optionally, express acknowledgments to individuals or institutions that contributed to the research or manuscript preparation.
10. Notes	Include any relevant notes or additional information that enhances the reader's understanding.
11. Biographical Note	Each author should provide a brief biographical note limited to 200 words.
12. Citations and References	Ensure that every citation within the text corresponds to an entry in the reference list, and vice versa.  Strictly adhere to the referencing style specified in the provided guidelines.

## 2. Referencing Style

Citations in the text should adhere to the referencing style employed by the American Psychological Association (APA). Refer to the Publication Manual of the American Psychological Association, Sixth Edition, ISBN 978-1-4338-0561-5. Copies can be ordered from APA Order Dept., P.O.B. 2710, Hyattsville, MD 20784, USA, or accessed at <http://books.apa.org/books.cfm?id=4200067>. Additional details about this referencing style can be found at <http://linguistics.byu.edu/faculty/henrichsenl/apa/apa01.html>.

References should be arranged alphabetically, and if necessary, chronologically, for multiple works by the same author in the same year (denoted as 'a', 'b', 'c', etc., after the year of publication).

Reference examples for books:

Jackson, L. M. (2019). *The psychology of prejudice: From attitudes to social action* (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000168-000>

Sapolsky, R. M. (2017). *Behave: The biology of humans at our best and worst*. Penguin Books.

Reference examples for journal articles:

Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207–217. <https://doi.org/10.1037/ppm0000185>

Jerrentrup, A., Mueller, T., Glowalla, U., Herder, M., Henrichs, N., Neubauer, A., & Schaefer, J. R. (2018). Teaching medicine with the help of “Dr. House.” *PLoS ONE*, 13(3), Article e0193972. <https://doi.org/10.1371/journal.pone.0193972>

Reference examples for chapter in an edited book:

Aron, L., Botella, M., & Lubart, T. (2019). Culinary arts: Talent and their development. In R. F. Subotnik, P. Olszewski-Kubilius, & F. C. Worrell (Eds.), *The psychology of high performance: Developing human potential into domain-specific talent* (pp. 345–359). American Psychological Association. <https://doi.org/10.1037/0000120-016>

Dillard, J. P. (2020). Currents in the study of persuasion. In M. B. Oliver, A. A. Raney, & J. Bryant (Eds.), *Media effects: Advances in theory and research* (4th ed., pp. 115–129). Routledge.

### **3. Typesetting**

Manuscripts should be submitted in MS Word 2003 or the latest version of MS Word.

<b>Font</b>	Sinhala: FM Abhaya (for diacritical marks Times New Roman). English: Times New Roman Tamil - Bamini Chinese - SimSun Japanese - MS Mincho Korean - Malgun Gothic Hindi - Walkman Chanakya 905 French - Times New Roman
<b>Font Size</b>	Title - 14 (Bold), Subtitle - 13 (Bold), Text - 12, Notes - 10
<b>Line spacing:</b>	1.5
<b>Margin:</b>	Top - 1", Bottom - 1", Left - 1.5", Right - 1"